NATURE SCHOLARS PROGRAM



EMP/\THY SCHOOL

HANDBOOK





Welcome to

EMPATHY NATURE SCHOLARS

Here are the friendly group rules and important information

- Camp time is from 9 AM to 3 PM. Let's all be punctual to keep the fun blowing
- Remember to pack towels, swimwear, extra clothes, water bottles, a hat, sunblock, raincoat, and healthy vegan snacks
- If you have any suggestion for improving the camp, please speak directly with the office during Drop-off and pick-up times.
- Embrace the adventure and expect some muddy fun as we explore nature together. Remember,"The mud will wash off,but the memories will last a lifetime".
- For after-hours communication, please only contact the General Office number in case of emergencies. (+62 813–3744–3549)

If you would like to pack extra snacks, here is the general guideline:

@empathy.school

WHAT NOT TO PACK

No sugary foods, including but not limited to, candy, chocolates, store-bought cookies and crackers, processed snacks, cereal, pastries, donuts, sugary pancakes, animal products, sugary beverages, etc. Also please be mindful when packing nuts as we do have some kids that have nut allergies and they might want to share not realizing. We are trying to build a zero waste campus, please do not bring any one time plastic package to the campus. (Lunchboxes are recommended if you want to pack extra snacks).

WHAT TO PACK

Fresh fruits. vegetable stick with hummus, homemade plant based cookies and bread etc. Let's mantain a healthy and zero waste environment together.







GREETINGS!

Welcome to the Nature Scholars Program at Empathy School Bali, where education meets nature, creativity, and holistic development. Our program is designed to inspire students through hands-on learning experiences, fostering a deep connection with the environment and nurturing their individual talents. Discover the Nature Scholars Program at Empathy School Bali, where children's education intertwines with the wonders of nature, igniting creativity and fostering holistic development.

What is Nature Scholar Program?

The Nature Scholar Program will include Social Emotional Learning, Nature and Science Activities, Arts (2D and 3D Arts) such as; wood carving, painting, drawing, music, metallurgy, and ceramic. The kids can register for 1 week only.

Empathy Nature Scholar Program is active through the seasons and offers creative adventures for children from the age of 3 to 12. Weekly group programs are arranged for school groups or independent explorers. In addition to group experiences, we often provide family camps that allow the whole family to experience our program together. We have a variety of different opportunities to share with our explorers that visit us.

SCHEDULE

Monday – Friday (12 – 16 August 2024)

09:00 am - 03:00 pm

PIC: Ms. Yudi Setyaningsih (+62 821-3258-8777)

Contact Person:

Mr. Alva - +62 813-3744-3549

Office: Empathy School General Office

*All activities are subject to change to enhance the learning and teaching experience.



Nature Scholars Program 2024: Rules for Students

Welcome to the Nature Scholars Program! To ensure a safe, enjoyable, and enriching experience for all participants, we have established the following rules. Please read and adhere to these guidelines during your visit.

General Conduct

- 1. **Respect for Nature**: Treat all plants, animals, and natural resources with care and respect. Do not pick plants, disturb wildlife, or damage natural habitats.
- 2. **Respect for Others**: Be kind and courteous to fellow students, staff, and visitors. Listen when others are speaking and collaborate positively during group activities.
- 3. **Follow Instructions**: Adhere to the instructions given by staff and guides at all times. This ensures safety and maximizes the learning experience.
- 4. **Safety First**: Stay with your group at all times. Do not wander off alone. Report any injuries or hazards to a staff member immediately.
- **5. Appropriate Behavior**: Maintain good manners and appropriate behavior. No running, shouting, or disruptive conduct is allowed. **No bullying (verbal and non-verbal).**

Environmental Responsibility

- 1. **Leave No Trace**: Clean up after yourself. Dispose of trash properly in designated bins. Recycle when possible.
- 2. **Minimize Waste**: Use resources wisely. Avoid wasting water, paper, and other materials.
- 3. **Eco-Friendly Practices**: Use reusable water bottles and lunch containers. Avoid single-use plastics.

Participation and Engagement

- 1. **Active Participation**: Engage fully in all activities. Ask questions, contribute ideas, and participate in discussions.
- 2. **Curiosity and Learning**: Approach each activity with an open mind and eagerness to learn. Be curious about the natural world and the topics being covered.
- 3. **Respect for Tools and Equipment**: Handle all program materials, tools, and equipment with care. Return them to their proper places after use.

Dress Code and Personal Items

- 1. **Appropriate Attire**: Wear comfortable, weather-appropriate clothing and sturdy shoes suitable for outdoor activities. Hats and sunscreen are recommended for sun protection.
- 2. **Personal Items**: Keep personal belongings to a minimum. The program is not responsible for lost or stolen items. Use lockers or designated areas for storage if provided.
- 3. **Electronic Devices**: Use of electronic devices is restricted during program activities. Phones and tablets should be put away unless otherwise instructed by staff.

Health and Well-being

- 1. **Hydration and Nutrition**: Bring a reusable water bottle and stay hydrated. Pack nutritious snacks and meals that do not require refrigeration.
- 2. **Medication and Allergies**: Inform staff of any medical conditions, allergies, or medications needed during the visit. Carry necessary medications and emergency contacts.
- 3. **Physical Readiness**: Ensure you are in good physical condition for outdoor activities and inform staff of any health concerns or limitations. If you experience symptoms of fever, rash, or a contagious disease, please stay home and visit a clinic immediately. A doctor's note for clearance is required to return to school. If students are absent due to illness for more than three days, the camp fee can be credited towards the next camp with a clear, honest, and respectful written agreement and a doctor's note on file.

Positive Behavior Guidelines:

- 1. Practice good manners and use kind words like "thank you," "excuse me," and "please."
- 2. Keep our environment calm by walking and speaking softly during class time.
- 3. Treat everyone with respect—bullying of any kind is strictly prohibited. Physical infractions will result in immediate removal from the program.
- 4. When conflicts arise, approach them with a positive attitude and resolve them peacefully. Support from peers or teachers is always available.

Consequences for Rule Violations

- 1. **Verbal Warning**: Minor infractions will result in a verbal warning and a reminder of the rules.
- 2. **Parental Notification**: Continued or serious violations will result in a call to parents or guardians and potential removal from the program.
- 3. **Removal from Program**: Severe or repeated infractions may lead to immediate removal from the program. Parents or guardians will be contacted to arrange pick-up.

Please note that pick-ups after 15:10 will incur a late fee of 100,000 IDR/child, which can be settled at the guardian post upon your arrival.

Thank you for your cooperation and commitment to making the Nature Scholars Program a positive and educational experience for everyone. Enjoy your time with us and the wonders of the natural world!



Nature Scholars						
PERIOD	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	08:45 - 09:00	Morning Circle	Morning Circle	Morning Circle	Morning Circle	Morning Circle
1	09:00 - 09:45	Introduction about school and Empathy Culture	Introduction about Bali (Balinese Dance)	Costume Making	Join regular classes for Indonesia Independence Day documentary	Turtle conservation
2	09:45 - 10:30	Nature Walk (Butterfly Pea Tea Making	Gamelan	Angklung lesson	Join regular classes for games	Turtle conservation
3	10:45 - 11:30	Recycle paper making	Cooking class	Jungle Adventure	Join regular classes for games	Turtle conservation
4	11:30 - 12:15	Balinese Story and Dance/Canang making	Eco blocks (plastic use)	Local compound visit (students need to prepare paper and pen to take notes)	Join regular classes for games	Turtle conservation
5	13:15 - 14:00	ESL with Gabriella	Costume Making (Recycle paper as Preparation for Fashion Show)	Clay making (Making Balinese house)	Learn how to Weave (for fashion show	Gardening class
6	14:00 - 14:45	Mud pit play	Swimming	Clay making plus cardboard and ice cream stick (Making Balinese house)	Peace room session	Final preparation (with fresh Nature ingredients) for the fashion Show
6	14:45 - 15:00	Hometime Circle	Hometime Circle	Hometime Circle	Hometime Circle	Hometime Circle (fashion show and kecak dance) and Closing

WELCOME TO BALI

Bali is such a vibrant and diverse destination. Bali offers a plethora of fun family activities blending adventure, wildlife encounters, and cultural experiences. Here are some recommendations along with their locations:

- 1. **Ubud Monkey Forest**: Located in Ubud, this sanctuary is home to over 700 Balinese long-tailed monkeys. It's an adventure for kids to wander through the forest and interact with these playful creatures.
- 2. **Waterbom Bali**: Situated in Kuta, Waterbom is one of Asia's top water parks, offering thrilling rides and slides suitable for all ages. It's a fantastic way to cool off and have some adrenaline-pumping fun.
- 3. **Tegalalang Rice Terraces**: Near Ubud, these iconic terraces provide a glimpse into Bali's agrarian life. Families can take a leisurely stroll through the lush green fields, learn about traditional rice farming, and even try their hand at planting rice.
- 4. **Mount Batur Sunrise Trek**: For adventurous families with older kids, a pre-dawn trek up Mount Batur in Kintamani offers breathtaking views of the sunrise over the island. It's a challenging yet rewarding experience.
- 5. **Tanah Lot Temple**: Located in Tabanan, this picturesque sea temple is perched on a rock formation and offers stunning sunset views. Families can explore the temple grounds and learn about Balinese Hindu culture.
- 6. **Bali Treetop Adventure Park**: Located in Bedugul Botanical Garden, this park offers a range of thrilling treetop challenges suitable for all ages. It's a great way to experience Bali's natural beauty from a different perspective.
- 7. **Balinese Cooking Class**: Engage the whole family in a Balinese cooking class where you can learn to prepare traditional dishes together. It's a delicious and educational experience.
- 8. **Snorkeling or Glass Bottom Boat Tours**: Explore Bali's vibrant underwater world by going snorkeling or taking a glass-bottom boat tour. You'll encounter colorful coral reefs and tropical fish, providing an unforgettable experience for the whole family.

These activities offer a diverse range of experiences that blend adventure, wildlife encounters, and cultural immersion, ensuring a memorable family vacation in Bali. Remember to consider the ages and interests of your family members when planning activities, and don't forget to take plenty of photos to capture your Bali adventures!